

Scotland Advisory Board Member

Scotland Advisory Board Member

Terms of appointment: Initial 3-year term, with potential for second 3-year term.

Time commitment:

- 3 Scotland Advisory Board meetings per year (online)
- 1 in-person planning session annually in Scotland
- Optional additional engagement as appropriate (events, consultations)

Remuneration: Reasonable expenses reimbursed, including travel and replacement care costs

Location: Hybrid

About Carers Trust

We're building a fair world for carers.

At some point in our lives, most of us will care for someone important to us – a parent, partner, child, friend, or family member. One day, we may need that care ourselves.

At least six million people in the UK are currently caring, unpaid, for a friend or family member, including over 800,000 in Scotland. Many juggle countless unseen tasks each day – from personal care to cooking, managing medication, attending appointments, helping with finances, and being there when things feel overwhelming.

Caring is what holds families and communities together. It can be rewarding, but it can also come at a high cost. Too often, carers are left to carry the emotional, physical and financial strain alone, without the support they need to keep going. For many carers, it feels like everything is stacked against them.

We don't want it to be that way.

We make it possible for carers to live a full life alongside their caring role. We're a national charity reaching more than one million carers of all ages and backgrounds. We provide practical, emotional and financial support through our local services partners across the UK.

We believe every carer should find the right support, close to home. No carer should be pushed to crisis point by their caring role. And all carers deserve the same opportunities as everyone else.

We won't stop until every carer is seen, heard, valued and supported.

We work closely with the Scottish Government, education and health and social care systems, telling truth to power, ensuring that the experiences of those with caring responsibilities are heard by decision makers.

We change systems through our evidence-based programmes, including supporting young carers in schools and student carers.

We work with our members—who are all local delivery organisations—to build robust, high quality and stable networks of support for unpaid carers across Scotland. Find out more about our work in Scotland [here](#)

About the role



This is not a traditional advisory role – it's an opportunity to bring your expertise, influence and networks to help reshape how Scotland supports unpaid carers, now and in the future.

The Scotland Advisory Board plays a vital role in shaping Carers Trust's work in Scotland. It provides insight, challenge and support – helping ensure our work is relevant, ambitious and grounded in the realities carers face.

The Board is a key forum for:

- Informing strategic priorities in Scotland
- Strengthening our relationships across sectors
- Ensuring carers' voices influence decision-making

Main responsibilities (not an exhaustive list)



Do you want to use your skills, experience and drive to make a lasting difference to the lives of unpaid carers? We are now looking to grow our Scotland Advisory Board – bringing together a diverse group of people who can help shape our work in Scotland and ensure that carers' voices remain at the heart of everything we do.

As a member, you will:

- Provide insight and advice on Carers Trust Scotland's priorities and plans.
- Share knowledge of Scotland's social, political and economic landscape.
- Help identify opportunities for collaboration and influence.
- Act as an ambassador for unpaid carers, the services that support them and Carers Trust.
- Contribute to discussions in a constructive, supportive and challenging way.
- Support our commitment to equity, diversity and inclusion.

You will play an important role in helping us deliver our strategy and achieve meaningful change for carers across Scotland.

Who we are looking for

If you meet most (but not all) of the below criteria, we still encourage you to apply.

We are looking for up to five new members. Do you want to shape the future for unpaid carers in Scotland – bringing energy, insight and influence to a space where ideas turn into real change?

We would like to hear from a diverse range of experiences, but you might bring:

- A deep understanding of Scotland's health, social care, third sector or policy and delivery landscape, with system-level insight across Health & Social Care Partnerships (HSCPs), Integration Joint Boards (IJBs)
- Practical service delivery insights, including the capacity challenges in local carers' services.
- Expertise in income generation, fundraising or financial sustainability – helping unlock new opportunities, grow investment, and expand support for carers
- Strong communication skills and the confidence to contribute to open, thoughtful and sometimes challenging conversations
- Understand marginalised and underrepresented groups, and unpaid care intersectionality.

This is an opportunity to use your experience and networks to drive real change across Scotland, bringing connections across funding, policy or service delivery systems.

Most importantly, you'll be someone who:

- Is motivated by making a difference and improving the lives of unpaid carers.
- Can think strategically and bring fresh perspectives to complex challenges.
- Thrives in collaborative environments and values partnership working.
- Is committed to equity, diversity and inclusion.

Our commitment to inclusion

We are committed to building a diverse and inclusive Board that reflects the carers we support.

We strongly encourage applications from people of all backgrounds and identities, including:

- People from minority ethnic communities
- Disabled people
- LGBT+ communities
- People with lived experience of caring

We will make reasonable adjustments to remove barriers to participation wherever possible.

How to apply



For an informal chat about the role please contact Scotland@carers.org

To apply, please submit:

- A brief statement outlining your interest and what you would bring to the role
- A short/summarised CV

Applications should be sent to: amorgan@carers.org

- **Application deadline:** Friday 4th September 2026
- **Expected interview date:** Monday 14th September 2026

